





GOING TO UNIVERSITY in SEPTEMBER?

# Preparing for university workshop

FOR YEAR 13 STUDENTS CONISTON HALL 25TH & 26TH SEPTEMBER 2021

67-77 HATHERSAGE ROAD, MANCHESTER M13 DEW ENQUIRIES: INFO@CONISTONHALL.ORG.UK

WHAT ARE YOUR CONCERNS?

Come to Coniston Hall for a 2-day workshop to meet fellow University applicants sharing your aspirations and concerns.

University students and professionals will be on hand to provide advice and top tips.

## PROGRAMME

The workshop will combine interactive workshops and practical activities, providing information and advice on specific aspects of university life.



The day will run from 9.30 to 18.00

The workshop will cover the following areas:

### ACADEMIC LIFE:

#### EMOTIONAL INTELLIGENCE:

- How to make the most of university life without burning out
  - making new friends
    - volunteering opportunities

- what to expect from your courses and tutors at university
  - visit the universities
  - take a look at personal statements and CVs
- round table discussions

# FINANCES AND HOUSEKEEPING:

- How to manage life away from home
  - budgeting
  - setting up your accommodation

-planning and maintaining a balanced diet



Application form - Preparing for university workshop, Coniston Hall, 25th & 26th September 2021 Please complete and return to info@conistonhall.org.uk: Date of birth:.... Nationality:..... Course to be studied at University:..... Do you have any special dietary requirements? Please give details.....

Cost - please tick £40 day participant (registration and meals for 2 days) £100 residential participant (registration, meals for 2 days and accommodation for the night at Coniston Hall)

Payment should be made to the following account indicating the option chosen by 21st July:

Name: Coniston Hall Account: 70256005 Sort Code: 40-11-56

Branch: HSBC plc, 2-4 St Ann's Square,

Manchester, M2 7EF

IBAN: GB90HBUK40115670256005

BIC/SWIFT: HBUKGB4195S

For all enquiries please contact us at info@conistonhall.org.uk

